

What to Pack for Isolation or Quarantine On Campus

What to pack for your time in isolation:

- Enough clothing for two weeks.
- Bedding for a twin XL bed, towels, shower shoes (Buist has shared hall baths) and laundry detergent.
- If you have a favorite snack or sports drink, be sure to bring those. Meal delivery will include some standard snacks. We are not able to personalize snack or meal orders (unless for dietary restrictions).
- A thermometer. If you do not have one there will be one in the locker with your key.
- Your prescriptions and any over-the-counter medications you think you might need. This might include acetaminophen, cough and cold medication, and throat lozenges.
- Books/technology/chargers or anything else you may need for classes or connection to others during your time in isolation.
- Face coverings that you'll need to wear while traveling to your isolation space and anytime you are outside your bedroom, including when you answer the door for meal delivery.
- Sanitizing wipes so you can wipe down surfaces as needed.

What to pack for your time in quarantine:

- Enough clothing for two weeks.
- Bedding for a twin XL bed*, towels, and laundry detergent.
- If you have a favorite snack or sports drink, be sure to bring those. Meal delivery will include some standard snacks. We are not able to personalize snack or meal orders (unless for dietary restrictions).
- A thermometer. If you do not have one there will be one in the locker with your key.
- Your prescriptions and any over-the-counter medications you think you might need. This might include acetaminophen, cough and cold medication, and throat lozenges.
- Books/technology/chargers or anything else you may need for classes or connection to others during your time in isolation.
- Face coverings that you'll need to wear while traveling to your isolation space and anytime you are outside your bedroom, including when you answer the door for meal delivery.
- Sanitizing wipes so you can wipe down surfaces as needed.

*If you are entering into a quarantine space in 1 or 20 Warren or George Street you will need bedding for a full-size bed. If you don't have that, let Residence Life know.